

LOOKING TO IMPROVE IN BIOLOGY, CHEMISTRY, PHYSICS & MATHS?

WORKSHOP PREPARED FOR STEM

Unleash your learning performance with **MINDSIGMA**

MINDSIGMA is a *memory technique* consists of brain balancing exercises, energizing, concentration, problem solving mind-mappings, NeuroDynamics and more. It is proven to help students to absorb much more and study longer.

In addition to your tuition, we provide **FREE MINDSIGMA** exercises.

* taught by experts with industry work experience.

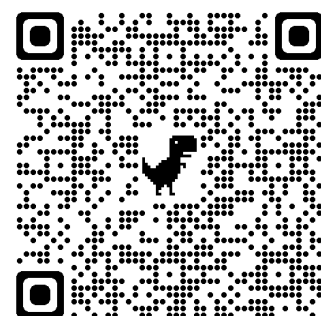
MR SAGAR SINGH

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SCAN TO REGISTER



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DATE

Saturday, 17th december 2022

TIME

11am - 12pm or 2pm - 3pm

VENUE

StudyExcel Subang Jaya Office
No 1, Jalan SS 15/7, Subang Jaya,
47500, Selangor, Malaysia.



StudyExcel
Education Advisor

MIND & MEMORY GYM

MindSigma is involved in breakthrough research on the seven levels of conscious existence: **Body, Breath, Mind, Memory, Intellect, Energy** and **the Source**, in the lives of students, parents, teachers and corporate professionals.

This is done through the **Mind and Memory Gym**, through an integrated approach involving the following principles:

Six Sigma

NeuroDynamics

Kaivalya Kriya

“...As clouds are blown away by the wind, obstacles in the path of progress will be driven away by the diligent practice of Kaivalya Kriya...”

Kaivalya Kriya

Kaivalya Kriya has been researched from the original Patanjali Yoga and Charak's Ayurveda. Kaivalya Kriya is an integration of *Mudras*, Pranayam and Meditation.

Mudras are Neuro-Energy Circuits. **Kaivalya Kriya** activates and supercharges all the 86 billion neurons inside the human brain and unlocks the hidden potential in every individual. It also helps in right thinking and decision making; and immensely helps in overcoming all the obstacles across the seven levels of existence.

The power of **Kaivalya Kriya** is such that the student will see an amazing transformation in himself/ herself and within the family. You will also experience unlimited academic progress and spiritual development through this process, without much effort.

MINDSIGMA & TUITION OPEN DAY

For O / A levels students

AIM

Provide tools and techniques for students to excel in their Boards as well as Competitive Exams, for the following Subjects:

Physics, Chemistry, Mathematics & Mental Ability.

TECHNIQUES

Reading, Retention, Recollection

HOW

1. Improve Self Study through Six Sigma Methodology: **DMAIC** (*Define, Measure, Analyse, Improve, Control*), Learn Mind Mapping and Super Memory Techniques.
2. High Impact Concentration
3. Improve EQ and SQ along with IQ
4. Workshop for Parents
5. Counseling

SR. NO 1**Improved Self Study through
Six Sigma Methodology****ACTIONS:**

1. Training and application of Mind Mapping and Super Memory Techniques
2. Paper writing techniques
3. Identifying and improving on the weak areas or topics
4. Effective use of internet based research for Educational purpose
5. Self Study using Six Sigma Methodology:
DMAIC

SR. NO 3**Improve EQ, HQ and SQ
along with IQ****ACTIONS:**

1. Goal Setting
2. Assertiveness
3. Time Management
4. Stress Management
5. Motivational Tenchniques

SR. NO 2**Improve Concentration****ACTIONS:**

1. Kaivalya Kriya
2. Guided meditation
3. Breathing techniques
4. Exercises to improve patience

SR. NO 4**Workshop for parents****ACTIONS:**

1. Stress Management
2. Positive feedback
3. Life Coaching

SR. NO 5**Counseling****ACTIONS:**

1. Provide various career options to children
2. Conduct Multiple Intelligence Analysis
3. Provide crucial counseling for performance improvement

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TUITION OPEN DAY****+6019 218 8078****+603 5611 9777**